

Start list

400m W / K

WORLD RECORD(Open)	47.60	KOCH Marita	GDR	Canberra (AUS)	1985-10-06
EUROPEAN RECORD(Open)	47.60	KOCH Marita	GDR	Canberra (AUS)	1985-10-06
POLISH RECORD(Open)	48.90	KACZMAREK Natalia	KS Podlasie Białystok	London (GBR)	2024-07-20
POLISH RECORD(U23)	51.31	WYCISZKIEWICZ Patrycja	SL Olimpia Poznań	Pekin (CHN)	2015-08-24
POLISH RECORD(U20)	51.56	WYCISZKIEWICZ Patrycja	SL Olimpia Poznań	Rieti (ITA)	2013-07-19
Min. WCH(Open)	50.75			Tokyo (JPN)	2025-09-13
Min. UNI(Open)	53.30			Bochum (GER)	2025-07-21
MEETING RECORD(Open)	49.75	SZEWIŃSKA Irena	POL	Bydgoszcz	1976-06-22

Lane	Bib	Athlete	Birth	Club/Country	PB	2025
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Heat 2/2

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1	185	Zofia PASIERBEK	2009-08-02	POLAND (POL)		
2	50	Martyna GUZOWSKA	2003-01-13	POLAND (POL)	54.00/24	55.19
3	101	Zofia TOMCZYK	2008-06-17	POLAND (POL)	53.27/24	
4	75	Weronika BARTNOWSKA	2000-05-16	POLAND (POL)	52.80/24	
5	95	Kinga GACKA	2001-10-25	POLAND (POL)	52.03/24	
<i>4 x 400m World Indoor Bronze Medallist 2022, 4 x 400m European Silver Medallist 2021, 4 x 400m European U23 Championships Bronze Medallist 2021</i>						
6	46	Adrianna JANOWICZ-PÓLTORAK	1995-04-16	POLAND (POL)	52.82/23	
<i>4 x 400m European U23 Champion 2017</i>						
7	52	Anna GRYC	1999-10-16	POLAND (POL)	53.06/24	
<i>4 x 400m World Indoor Silver Medallist 2022</i>						
8	116	Izabela SMOLIŃSKA	1999-01-14	POLAND (POL)	52.50/22	
9	96	Wiktoria GADAJSKA	2006-01-08	POLAND (POL)	53.64/24	

TOP 10- POLSKA / POLAND (2025-05-23)

1	WRUSZAK Aleksandra	ZLKL Zielona Góra	54.31	2025-05-0	Madrid (ESP)
2	KORCZUK Natalia	KS AZS AWF Wrocław	54.96	2025-05-1	Gliwice
3	GUZOWSKA Martyna	KS AZS AWF Katowice	55.19	2025-05-1	Gliwice
4	GREINER Olivia	AZS KU Politechniki Opolsk	55.45	2025-05-1	Chorzów
5	MATYŚKIEWICZ Maja	OŚ AZS Poznań	55.94	2025-05-1	Poznań
6	MAŁYSZEK Maja	TS AKS Chorzów	55.94	2025-05-1	Kraków (AKF)
7	BREZA Magdalena	ULKS Talex-Borysław Borz	56.34	2025-05-1	Ustka
8	WOJEŃSKA Aleksandra	KS AZS UWM Olsztyn	56.48	2025-05-0	Olsztyn
9	MACHAŁA Martyna	LKS Stal Mielec	56.73	2025-05-1	Przemyśl
10	OWCZARUK Hanna	AL Międzyzdroje	56.88	2025-05-1	Świnoujście

TOP 10 ŚWIAT/WORLD (25-05-23)

1	Salwa Eid Naser	BRN	48.67	5 Apr	Kingston
2	Gabby Thomas	USA	49.14	5 Apr	Kingston
3	Marileidy Paulino	DOM	49.21	2 May	Miramar FL
4	Aaliyah Butler	USA	49.44	19 Apr	Gainesville FL
5	Sydney McLaughlin-Levrone	USA	49.69	4 May	Miramar FL
6	Evelyn Aguilar	COL	49.80	6 Apr	Bogotá
7	Alexis Holmes	USA	50.12	5 Apr	Kingston
8	Vimbayi Maisvorewa	ZIM	50.25	19 Apr	Gainesville FL
9	Dejanea Oakley	JAM	50.35	19 Apr	Gainesville FL
10	Kaylyn Brown	USA	50.35	3 May	Baton Rouge LA

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PB-personal best, SB-season best, NR-National Record, ER-European Record, WR-World Record

CHORZÓW 2025

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Lane	Bib	Athlete	Birth	Club/Country	PB	2025
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Heat 1/2

2025-05-23 19:40

2	133	Alicja WRONA-KUTRZEPA	1996-01-11	POLAND (POL)	52.30/24	
4 x 400m European Indoor Bronze Medallist 2023, 4 x 400m 6th at World Championships 2022						
3	143	Anastazja KUŚ	2007-05-11	POLAND (POL)	51.89/24	
4 x 400m World Indoor Silver Medallist 2022						
4	190	Miranda COETZEE	1997-11-14	SOUTH AFRICA (RSA)	50.66/24	51.10
5	104	Justyna ŚWIĘTY-ERSETIC	1992-12-03	POLAND (POL)	50.41/18	
4 x 400m Mixed relay Olympic Champion 2021, 4 x 400m Olympic Silver Medallist 2021, 4 x 400m World Championships Silver Medallist 2022, 3 World Indoor Silvers 4x400m 2016, 2018, 2025, 4 x 400m World Championships Bronze Medallist 2017, 4 x 400m World Indoor Bronze Medallist 2022						
6	2	Susanne GOGL-WALLI	1996-05-05	AUSTRIA (AUT)	50.60/24	51.91
400m 6th at World Indoor Championships 2022						
7	14	Bassant HEMIDA	1996-09-28	EGYPT (EGY)	50.77/25	50.77
8	10	Lada VONDROVÁ	1999-09-06	CZECHIA (CZE)	50.92/23	
4 x 400m Mixed relay World Championships Bronze Medallist 2023, 4 x 400m European Indoor Bronze Medallist 2022, 400m European U23 Champion 2021, 4 x 400m European U23 Champion 2022						
9	169	Karolina ŁOZOWSKA	1999-05-28	POLAND (POL)	52.18/24	

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